

**Week Six**

**By Deanna Rhinehart**

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**CHAMPIONEERS!**  
**CAVEMAN ROCK**

## Family Night Adventure #6

### Mr. Popular

- **Key:** Be the Spark
- **Concept:** Law of Attraction
- **Workbook:** pages 26-29
- **Sing-Along CD:** Caveman Pizza

### Family Night Agenda

1. Family Night “Roll” Call
2. Review
3. **Video:** Episode #6 Mr. Popularity
4. **Discussion**
5. **Video:** Lesson #6 Pull of Popularity
6. **Activity:** Static Electricity
7. **Storytime**
8. **Review**
9. **Leadership Challenge:**  
Be the Spark

### Activity

- Tug-of-War

### Food Idea

### Materials

- Balloons

### In a Nutshell

Discuss the difference between likability and popularity. Demonstrate with static electricity of a balloon. Share Al-x’s dilemma between wanting to be popular and telling the whole truth. Review.



## Lesson Six - Quick View

	<b>ACTIVITY</b>	<b>OBJECTIVE</b>	<b>ACTION</b>
<b>1</b>	Family Night "Roll" Call	Set the tone for your home	Pass out cookies (Family Night Treats), hot cocoa and latte's. Breathe and share week highlights.
<b>2</b>	Review	What have we learned?	Don't Take the Bait
<b>3</b>	Video: Episode #6	The Pull of Popularity	Mr. Popular
<b>4</b>	Discussion	The Pull of Popularity Workbook 26-29	Discuss the difference between being popular because you are nice and popular because you demand attention.
<b>5</b>	Video: Lesson #6	The Pull of Popularity	The Laws of Attraction
<b>6</b>	Activity	Static Electricity	Demonstrate the static electricity with a balloon. Kindness draws people to you.
<b>7</b>	Storytime	Visual and audio reinforcement	Mr. Popular
<b>8</b>	Review	Reinforce concepts	What do we know? What did we learn tonight?
<b>9</b>	Leadership Challenge	Reinforcement and internalization	Inspire others by using words of encouragement. Tell at least three people kind words about something they are good at or compliment them for something they've done.
<b>10</b>	Sing-Along CD	Reinforcement and internalization	<i>Fish Around the Rock</i> and <i>Catch A Fish</i>

# Lesson Details

## LESSON CLICK-CLASS

### 1. Family Night “Roll” Call

Enjoy your hot cocoa and cookies

### 2. Review

What have we learned? Review story and concepts we’ve learned so far.

## ADVENTURE THEATER

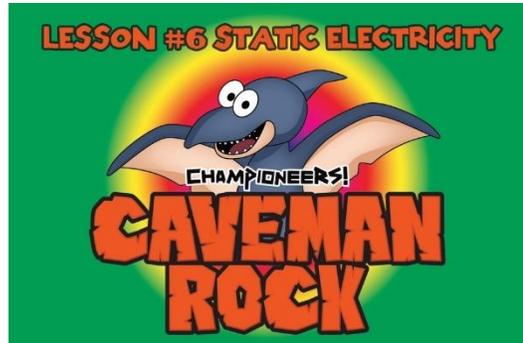
### 3. Video: Episode #6 Mr. Popular

### 4. Discussion Electrifying Popularity

Al-x is feeling the invisible pressure to be a good fisherman. He thinks that people will only like him if he’s the best fisherman. He likes how it feels to be popular and is scared no one will like him anymore if he tells the truth. What Al-x doesn’t realize is that Roxanna and his friends have always liked him even before he caught the big fish.

Emphasize that real friends like you for being you, not for what you can do.

### 5. Video: Lesson #6 Static Electricity



### 6. Activity Static Electricity

Try this experiment to demonstrate that the invisible forces of static electricity are like the attraction of peer pressure and popularity. First, rub the balloon briskly over your hair. Let go of the balloon and it will stick to your head. Rub the balloon over your hair again, only this time watch how your hair stands up and is attracted to it. Explain that this invisible force is like peer pressure. You might not be able to see it, but you can see how people respond to it.

Having other kids “like you” is a great thing. Just make sure that you are liked for being you. If you must earn your friends, or if your friends easily turn on you and say they are not your friends,



## LEADERSHIP CHALLENGE



### 9. Leadership Challenge Be the Spark

Leaders empower others by encouraging them in their interests and talents. Negative peer pressure robs people of their potential by pressuring people to be just like everyone else. We aren't the same; we're wonderfully different. Tell at least three people this week something you like about them or compliment them for something they've done well. Your words act like a spark to help them recognize their unique traits and talents. The more you compliment others, the more natural it becomes. What if your whole school only said nice words of encouragement to each other? It can, and you can be the spark that gets it started!

then they are not real friends.

Instead of worrying about getting friends, work on being a friend, first. Kindness attracts people to you, so start with being kind to others, being honest, sharing, and giving encouragement. That's what friends do.

### 7. Storytime Mr. Popular

### 8. Review

- What do we know? What did we learn tonight?
- Review the Pull of Popularity
- KEEP UP THE SUSPENSE!

